If You Think You Have COVID-19

Call Your Healthcare Provider or Local Healthcare Facility.

For Non-Clinical Questions, Call 2-1-1

COVID-19 RESOURCES FOR RURAL COMMUNITIES

The **Division of Community and Regional Affairs** has gathered resources to support rural communities in Alaska in their preparation, planning and protentional mitigation actions necessary to combat the spread of the Coronavirus.

Due to new updates being released on an hourly basis, local governments **MUST** frequently check the information provided by state and federal governments regarding the COVID-19 outbreak.

This portal provides key state and federal government resources, including the ***CDC's Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission*** https://www.cdc.gov/coronavirus/2019-ncov/downloads/community-mitigation-strategy.pdf which provides detailed community mitigation strategies by setting and by level of community transmission or impact of COVID-19.

This portal also uses the information gathered by the International City/County Management Association (ICMA) https://icma.org/coronavirus-resources-plan-and-prepare-now-it-hits-your-community providing guidance to local governments on how to plan and prepare to address COVID-19 possible outbreak in the community. ICMA provides information and resources on chains of command for public health emergencies, crisis communications, potential gaps in local emergency response protocol, and preparing local government workforce to respond to a pandemic outbreak.

KEY STATE COVID-19 RESOURCES

By Governor's Administrative Order NO. 315 https://gov.alaska.gov/admin-orders/administrative-order-no-315-2/ the **Department of Health and Social Services (DHSS)** was directed to establish, coordinate, manage and monitor COVID-19 developments.

The **Department of Military and Veterans' Affairs (DMVA)** is instructed to consider recommendations to the Governor regarding potential further action to protect public health and safety.

Here are two links to the state websites with information related to COVID-19:

1. DHSS COVID-19: Situation overview http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx provides information for the general public, health care providers, and other groups, along with the latest health mandates and health alerts.

2. DMVA/HSEM https://ready.alaska.gov/ provides information on the State Emergency Operation Center activation levels in Alaska.

State of Alaska
Department of Commerce, Community and Economic Development
Division of Community and Regional Affairs

KEY FEDERAL GOVERNMENT COVID-19 RESOURCES

The US Centers for Disease Control (CDC) is heading the charge to protect America from health, safety, and security threats.

Due to new updates being released on hourly basis, local governments **MUST** frequently check updates provided by the Centers for Disease Control (CDC), the Executive Office of the President of the United States, Federal Emergency Management Agency (FEMA), and the World Health Organization (WHO), among others for the latest updates.

Here is a list of links to websites addressing specific topics related to COVID-19:

- CDC's situation summary page for COVID-19 has latest updates on source, spread, response, and recommendations.
- CDC's latest recommendations for preventing COVID-19 spread at election polling stations.
- CDC's interim guidance on mass gatherings or large community events.
- CDC's preparation for first responders, healthcare providers and health systems for the potential spread of coronavirus.
- CDC's interim guidance for homeless shelters.
- CDC's latest guidance for schools, workplaces, and community locations.
- CDC's prevention steps for the spread of coronavirus in homes and residential communities.
- CDC's guidance for businesses and employers to plan and respond to coronavirus.
- CDC's guidance on managing anxiety and stress over COVID-19.
- Cybersecurity & Infrastructure Security Agency (CISA) general resource page.
- FEMA provides guidance on individual household preparation for emergencies.
- FEMA's template for a continuity of operations plans for a pandemic event.
- WHO has designed a simulation exercise for national-level organizations, and the PowerPoint resource is the best starting place to adapt the exercise for your community.
- WHO has created a GIS dashboard tracking current known cases of COVID-19.
- The National League of Cities has created a resource page for local leaders which it intends to update regularly.
- Esri's COVID-19 GIS hub is a collection of mapping and data analysis.
- The National Governors Association has created a resource hub which it intends to update regularly.
- The National Conference of State Legislatures is providing regular updates of state fiscal and state legislative session response.
- The National Association of State Chief Information Officers has created a resource page for state response, including guidance on local and state collaboration.
- The International Municipal Lawyers Association (IMLA) conducted a call with a public health law professor and three emergency management focused attorneys, and a recording is available for all IMLA members.

State of Alaska
Department of Commerce, Community and Economic Development
Division of Community and Regional Affairs

ICMA RESOURCES TO SUPPORT LOCAL GOVERNMENTS PLAN AND PREPARE FOR COVID-19

The International City and County Management Association (ICMA) https://icma.org/coronavirus-resources-plan-and-prepare-now-it-hits-your-community developed a COVID-19 website which provides:

- Latest government information on COVID-19
- Specific recommendations to local governments
- Coronavirus discussion guide for local government
- Key COVID-19 resources for local governments
- ICMA resources shared by local governments online and live
- Development of local pandemic emergency plans

The four topics ICMA recommends local governments consider when planning and preparing response measures mitigating the spread of COVID-19, include COVID-19 local chain of command, COVID-19 crisis communications, COVID-19 emergency response protocol, and COVID-19 local government workforce. Local governments must carefully review their local codes, regulations, policies and procedures when developing emergency plans to combat COVID-19.

ICMA's Coronavirus Discussion Guide https://icma.org/sites/default/files/Coronavirus%20Discussion%20Guide%203.4.2020%20%28002%29.pdf urges local governments to prepare their communities by reviewing their emergency response plans.

ICMA's COVID-19 PROMPTS FOR DISCUSSION

Chains of Command for Public Health Emergencies
- Declare local entity to lead COVID-19 response
- Address funding of emergency response
- What local entity will have the role to determine and enforce movement restrictions or quarantines

Crisis Communications
- Declare local entity to lead COVID-19 response
- Outreach options so seniors and vulnerable persons receive timely and verified information
- Educate community regarding basic guidelines that help slow the spread

Emergency Response Protocol
- Review existing emergency preparedness and response plans
- Identify topics not address in the existing plans and adjust plans as necessary to address COVID-19 outbreak

Local Government Workforce
- Set routine hygiene actions for workforce
- Develop protocol to address leave policies, including allowing employees to stay home to care for sick family members
- Establish policies and procedures for elected offic

State of Alaska
Department of Commerce, Community and Economic Development
Division of Community and Regional Affairs